

**PE1473/T**

NHS Fife Letter of 17 July 2013

**In the Children's Ward at Victoria Hospital, NHS Fife :-**

Adolescents have their own area and rooms within the ward, this consists of :-

- Single rooms
- Double rooms, as some adolescents like this model for peer support
- Adolescent Sitting Area

Staff training and support includes :-

- Clinical psychologist who is involved with adolescent care and training for all staff.

Play for adolescents, for example :-

- Electronic games consoles, laptops, music, videos. Trained volunteers are part of this service.
- Involvement of CAMHS Team where necessary.

Nurses rotate to Rachel House Hospice where groups of regular adolescents receive care. This experience is invaluable when dealing with adolescents in an acute ward area in partnership with voluntary service.

The staff from Rachel House Hospice also rotate to the acute area.

Specialist nurses and AHPs for complicated needs and long-term medical conditions are involved in caring for all adolescents.

Specialist nurses are also involved in transitional care to adult services where necessary.